

Bibliography

LIST OF PERMACULTURE RESOURCES

1. FUNDAMENTAL PERMACULTURE/RESILIENCE MANUALS

Bill Mollison (1988). *Permaculture: A Designers' Manual*. US: Tagari Publications

David Holmgren (2002). *Permaculture: Principles and Pathways Beyond Sustainability*.
Holmgren Design Services

David Holmgren (2018). *Retrosuburbia: True Downshifter's Guide to a Resilient Future*.
Melliodora

Rob Hopkins (2008). *The Transition Handbook: From oil dependency to local resilience*. UK:
Chelsea Green Publishing Company

Shaun Chamberlin (2009). *Transition timeline: For a Local Resilient Future*. Green Books

Bill Mollison, Mia Slay (2004). *Introduction to Permaculture*. Tasmania: Tagari Publications

David Fleming (2016). *Lean Logic*. Chelsea Green Publishing

Rosemary Morrow (2006). *Earth User's Guide to Permaculture*. UK: Permanent Publications

Toby Hemenway (2009). *Gaia's Garden: A Guide to Home-Scale Permaculture*. UK: Chelsea
Green Publishing Company

Aranya (2012). *Permaculture Design: A step-by-step guide*. UK: Permanent Publications

2. SPECIALIZED PERMACULTURE

ON WATER

Brad Lancaster. *Rainwater Harvesting for Drylands and Beyond: Guiding Principles to Welcome
water into your Life and Landscape (Vol. 1)*. Arizona: Rainsource Press

Brad Lancaster (2008). *Rainwater Harvesting for Drylands and Beyond: Water-Harvesting
Earthworks (Vol. 2)*. Arizona: Rainsource Press

Rov Avis & Michelle Avis (2018). *Essential Rainwater Harvesting: A guide to home-scale
system design*. Canada: New Society Publishers

Sepp Holzer with Leila Dregger (2012). *Desert or Paradise: Restoring Endangered Landscapes
using Water Management, including Lake and Pond Construction*. UK: Permanent Publications

Art Ludwig (2009-5th Edition). *Create an Oasis with Greywater: Choosing, Building, and Using
Greywater Systems*. USA: Oasis Designs

Art Ludwig (2005). *Water Storage: Tanks, Cisterns, Aquifers, and Ponds*. USA: Oasis Designs

Louise Bardsley (2010). *The Wildlife Pond Handbook: A Practical Guide to Creating and
Maintaining your Own Wetland for Wildlife*. UK: New Holland Publications

ON SOIL

Richard D. Bardgett (2005). The Biology of Soil. UK: Oxford University Press
Kristin Ohlson (2014). The Soil Will Save Us. USA: RODALE PRESS
Jeff Lowenfels , Wayne Lewis (2007). Teaming with Microbes. US: Timber Press
Paul Stamets (2005). Mycelium Running : A Guide to Healing the Planet through Gardening with Gourmet and Medicinal Mushrooms. US: Ten Speed Press
Joseph Jenkins (2019). The Humanure Handbook. USA: Chelsea Green Publishing

ON FOOD AND GARDENING

David Jacke, Eric Toensmeier. (2006) Edible Forest Gardens: Vision and Theory for Temperate Climate Permaculture. UK. Chelsea Green Publishing Co
David Jacke, Eric Toensmeier. (2006) Edible Forest Gardens: Design and Practice Volume 2: Ecological Design and Practice for Temperate-Climate Permaculture UK. Chelsea Green Publishing Co
Zach Loek. (2016) The Permaculture Market Garden: A visual guide to a Profitable Whole-systems FARM BUSINESS. Canada. New Society Publishers
Martin Crawford. (2010) Creating a Forest Garden. UK. Green Books
Martin Crawford. (2012) How to Grow Perennial Vegetables : Low-maintenance, Low-impact Vegetable Gardening. UK. Green Books
Sylvia Bernstein. (2013) Aquaponic Gardening : A Step-by-Step Guide to Raising Vegetables and Fish Together. UK. Saraband

3. FILMS, DOCUMENTARIES, INSTRUCTIONAL VIDEOS, PODCASTS

- **Geoff Lawton Free Permaculture Videos** – Short instructional videos on how to achieve food abundance and design yourself to resilience through Permaculture
<http://geofflawton.com/>
- **Over Grow the System** – Inspirational videos/films on various resilience cases
<http://www.OvergrowTheSystem.com/>
- **One Yard Revolution** – Short instructive/demonstrational videos on permaculture gardening techniques and practices
<https://www.youtube.com/user/OneYardRevolution/featured>
- **The Source Project** – Short inspirational videos on various challenging cases all across the world and their natural, sustainable solutions
<https://vimeo.com/channels/theforceproject>
- **Miracle Farms – On a productive Permaculture Orchard in Canada**
https://www.youtube.com/watch?v=3riW_yiCN5E
- **Symphony of the Soil** – An inspirational film on soil
<http://www.symphonyofthesoil.com/>
- **Seeds of Freedom** – A short film on the worldwide scene on seed patenting and engineering
<https://vimeo.com/43879272>
- **The Power of Community: How Cuba Survived Peak Oil** – A documentary on the post-

USSR era in Cuba, the severe challenges the island confronted and the permaculture solutions that brought hope and food to its people

<https://www.youtube.com/watch?v=Vs6xoKmnYq8>

- **A New We** – A film on Ecovillages and Ecological Communities in Europe

<http://www.newwe.info>

- **Natural Swimming Pools– A Guide to Designing & Building Your Own**

<http://www.permaculture.co.uk>

- **Building with Awareness – The Construction of a Hybrid Home**

<http://www.BuildingWithAwareness.com>

- **The Permaculture Podcast** - A Podcast that covers all sorts of permaculture themes. By Scott Mann <https://www.thepermaculturepodcast.com/>

4. WEBSITES

- [The Permaculture Research Institute](#) (Zaytuna Farm – Australia)

- [Permaculture Institute](#) (Santa Fe – Mexico)

- [The Permaculture Association](#) (UK)

- [Worldwide Permaculture Network](#)

- [Navdanya Foundation](#) – Vandana Shiva’s website on Earth Democracy and Heirloom Seeds

- [Seed Freedom](#) – On world wide events on Seed Sovereignty